

Did you know...

that APSA also do these procedures:

- Breast Reductions
- Breast Enlargements
- Breast Reconstruction
- Abdominoplasty (tummy tuck)
- Upper Eyelid Reduction
- Rhinoplasty (nose correction)
- Full and Mini Face Lift
- Brow Lift
- Otoplasty (ear correction)
- Liposuction
- Scar Revision
- Hand Surgery
- Carpal Tunnel Release
- Tattoo Removal
- Thread Lift
- Laser Resurfacing
- Profractional Laser Therapy
- Ultrapulse Laser Therapy
- Chemical Peels
- Dermal Fillers
- Anti Wrinkle Injections
- Fat Transfer

At Medical Lasers

(located on the ground floor)

- Skin Rejuvenation
- Hair Removal
- Acne Treatments

ADELAIDE PLASTIC SURGERY

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Phone 08 82131800

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Adelaide
Plastic Surgery
Associates

Lasering to the Face and / or Body

DISCHARGE INFORMATION

Dr T Moore Dr A Porter
Dr T Edwards Dr N Marshall
Dr Lisa Marks Dr B Carney
Dr Louise Le Mire

LASERING ON THE BODY

Often the area is covered with a dressing. You may shower as normal. After 2 - 3 days the dressing can be removed, and the area left open.

LASERING ON THE FACE

Often the area is left open and will ooze a little. You will need to keep the area clean by removing as much ooze as possible.

Apply a thin coat of Vaseline to prevent the area drying out, cracking and bleeding.

You may wash and shower as normal.

As the area heals the ooze will lessen and cleaning is reduced.

After 7 - 10 days the area should be healed and will be pink. You will no longer require Vaseline - instead use a moisturising cream, twice a day.

The area will fade over a period of time and must be protected from the sun. We recommend you wear a good sunscreen.

BLEEDING

If the area bleeds:

- Sit down and rest.
- Apply firm pressure over the area for 20 - 25 minutes.
- Ice packs can be applied to assist in controlling the bleeding.
- If bleeding does not stop please call and speak to one of the nursing staff 9.00am to 5.00pm Monday to Friday on 8213 1800.

If your bleeding occurs outside of these hours please seek medical attention.

PAIN OR DISCOMFORT

If you are experiencing pain or discomfort take Panadol or Panadiene 4 hourly (as long as you are not allergic to these) with a maximum of 8 tablets in 24 hours.

Aspirin based pain relief should not be taken before or immediately after surgery as this can increase the tendency for you to bleed.

If the pain worsens over the first few days please phone and speak to one of our nursing staff.

ANY CONCERNS OR QUESTIONS

Please phone 8213 1800 and ask to speak to our nursing staff. Monday to Friday 9.00am to 5.00pm.

IN CASE OF AN EMERGENCY

Your surgeon or the on call surgeon can be contacted on 8213 1800.