

Did you know...

that APSA also do these procedures:

- Breast Reductions
- Breast Enlargements
- Breast Reconstruction
- Abdominoplasty (tummy tuck)
- Upper Eyelid Reduction
- Rhinoplasty (nose correction)
- Full and Mini Face Lift
- Brow Lift
- Otoplasty (ear correction)
- Liposuction
- Scar Revision
- Hand Surgery
- Carpal Tunnel Release
- Tattoo Removal
- Thread Lift
- Laser Resurfacing
- Profractional Laser Therapy
- Ultrapulse Laser Therapy
- Chemical Peels
- Dermal Fillers
- Anti Wrinkle Injections
- Fat Transfer

At Medical Lasers

(located on the ground floor)

- Skin Rejuvenation
- Hair Removal
- Acne Treatments

ADELAIDE PLASTIC SURGERY

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Adelaide
Plastic Surgery
Associates

Profractional or Ultrapulse Laser

DISCHARGE INFORMATION

Dr T Moore Dr A Porter

Dr T Edwards Dr D Molony

Dr N Marshall Dr B Carney

Dr P Sylaidis Dr L Marks

Profractional / Ultrapulse Laser

GENERAL INFORMATION

These lasers quickly and effectively treat wrinkles, acne scars, skin tone and texture, and pigment in a single pass treatment.

The Profractional and Ultrapulse lasers decrease unwanted collateral damage by instantly removing dead tissue and unnecessary heat, providing patients with a more comfortable treatment experience. It is

- Fast.
- Comfortable.
- Has variable density and depth.

TREATMENT OUTCOMES

Swelling and some pinpoint bleeding may occur depending on the depth of treatment.

The pinpoint bleeding should stop within a few minutes of the treatment ending. Redness and healing (often similar in appearance to varying degrees of sunburn) will increase depending on the depth of treatment, the treated areas and will vary by patient.

POST TREATMENT CONSIDERATIONS FOR BOTH LASERS

- Redness and or swelling.
- Sunburn sensation.
- Mild discomfort – Nurofen or other Non Steroidal Anti Inflammatory medication is best (as long as you are not allergic to these).
- Avoid any topical exfoliation for 4 weeks or any aggressive scrubbing of the treated area.
- Wear a protective hat for at least 2 weeks.
- Avoid hot water in the shower.
- Do not pick at the treated area.
- Sleep with your head elevated for the first 2 days if the treated area is on your face, this may help ease any discomfort you are having.
- Mineral Makeup is recommended post any laser treatment.

POST TREATMENT CARE FOR PROFRACTIONAL LASER

- Clean face 3 times a day with a gentle cleanser for 5 days.
- Day 1 and 2 apply Vaseline or QV moisturiser 3 times per day (depending on your doctors recommendation).
- Day 3 to 5 apply QV moisturiser 3 times a day.

Day 5 on use your usual moisturiser and a good quality sunscreen.

POST TREATMENT CARE FOR ULTRAPULSE LASER – ACTIVE FX, DEEP FX

- Clean face 3 times a day with water.
- Apply QV moisturiser 3 times per day.
- Use a good quality sunscreen after day 4, and your usual moisturiser.

ANY CONCERNS OR QUESTIONS

Please phone 8213 1800 and ask to speak to our nursing staff - Monday to Friday 9.00am to 5.00pm.

IN CASE OF AN EMERGENCY

Your surgeon or the on call surgeon can be contacted on 8213 1800 at any time.