

## Did you know...

that APSA also do these procedures:

- Breast Reductions
- Breast Enlargements
- Breast Reconstruction
- Abdominoplasty (tummy tuck)
- Upper Eyelid Reduction
- Rhinoplasty (nose correction)
- Laser Resurfacing
- Liposuction
- Contour Thread Lift
- Full and Mini Face Lift
- Carpal Tunnel Release
- Tattoo Removal
- Hand Surgery
- Scar Revision
- Brow Lift
- Chemical Peels
- Otoplasty (ear correction)
- Fat Transfer
- Anti wrinkle treatments
- Dermal Fillers

## At Medical Lasers

(located on the ground floor)

- Skin Rejuvenation
- Hair Removal
- Acne Treatments

## ADELAIDE PLASTIC SURGERY

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Adelaide  
Plastic Surgery  
Associates

## TCA Peel

### DISCHARGE INFORMATION

Dr T Moore Dr A Porter  
Dr T Edwards Dr P Sylaidis  
Dr N Marshall

## GENERAL INFORMATION

Easy TCA peel is made up of an acid solution and a cream which has been applied by your doctor and or nurse. The cream relieves the slight burning of the acid and contains active peeling ingredients, including vitamins, antioxidants, trace elements and other stimulating, anti aging, anti acne and lightening properties. For this reason the cream MUST be left on the skin to act until the morning after your treatment.

## PAIN OR DISCOMFORT

If you are experiencing pain or discomfort take Panadol or Panadiene 4 hourly (as long as you are not allergic to these) with a maximum of 8 tablets in 24 hours.

Aspirin based pain relief should not be taken before or immediately after surgery as this can increase the tendency for you to bleed.

If the pain worsens over the first few days please phone and speak to one of our nursing staff.

## POST PEEL CARE

Immediately after your peel you will look frosty white. This is due to the chemical reaction and will settle down over the first hour or two. Do not touch or scratch the treated area. Do not wash the area until the following morning. Wash your skin with a mild soap and rinse with water. Then apply a moisturising cream followed by a good sunscreen. (Our nursing staff can advise you on your sunscreen if you wish). Makeup can be applied over the sunscreen.

Do not wear metal jewellery for 48 hours and avoid sun exposure.

Generally most people peel on the 2nd or 3rd day, or you may not peel at all. It is similar to bad sunburn. Your skin may flake off or it may come off in sheets.

Some people experience a brown discolouration. This is normal, and will fade as the skin peels off. Most people find that they can still work and function as normal, but some prefer to take a few days to recover from the peeling phase.

## ANY CONCERNS OR QUESTIONS

Please phone 82131800 and ask to speak to our nursing staff. Monday to Friday 9.00am to 5.00pm.

## IN CASE OF AN EMERGENCY

Your surgeon or the on call surgeon can be contacted on 82131800.